



ACADEMY OF MEDICINE
SINGAPORE



ACADEMY OF MEDICINE
OF MALAYSIA



HONG KONG
ACADEMY OF MEDICINE

46th

MALAYSIA-SINGAPORE Congress of Medicine

“Cardiometabolic Diseases:
Are We Up for the Challenge?”

12TH TO 14TH
JULY 2012

Shangri-La Hotel
Kuala Lumpur, Malaysia

<http://mscm.acadmed.my/>



With the Participation of



Royal College
of Physicians



COLLEGE OF PHYSICIANS,
ACADEMY OF MEDICINE OF MALAYSIA



Message from the Organising Chairperson



Dear Friends and Colleagues,

On behalf of the Organising Committee, I would like to extend our warmest invitation to you to attend the 46th Malaysia-Singapore Congress of Medicine with the participation of the Royal College of Physicians, London to be held in Kuala Lumpur from 12th – 14th July 2012.

The theme of the 46th MSCM is “Cardiometabolic Diseases: Are We Up for the Challenge?”. Cardiovascular and metabolic diseases including obesity, diabetes mellitus, dyslipidaemia, and hypertension are the leading and preventable causes of death worldwide. The current scenario prognosticates a dramatic increase in disease burden over the next two decades, leading to a worldwide pandemic. Asia-Pacific countries are now seeing a rapid increase in cardiometabolic disease and its attendant complications.

As the theme of the Conference indicates, the scientific programme will address the current challenges of cardiometabolic health, both globally and in the region. The scientific content will include the epidemiological, clinical and laboratory aspects of cardiometabolic diseases, alongside the key public health issues of preventative strategies.

The Congress will provide a very good platform for the exchange of experience and expertise. Aside from immersing yourself in these rewarding scientific activities, Kuala Lumpur is also a vibrant and culturally diverse city that promises to provide you a memorable visitor experience during the entire period of your stay.

Looking forward to welcoming you in Kuala Lumpur.

With best wishes,

Professor Dr Roslina Abdul Manap



Organising and Scientific Committee

Advisor	Professor Dato' Dr Khalid Yusoff
Chairperson	Professor Dr Roslina Abdul Manap
Scientific Chairperson	Dr Letchuman Ramanathan
Treasurer	Dr Chew Hon Nam
Business Manager	Professor Dato' Dr Khalid Yusoff
Publications/Publicity	Associate Professor Dr Tengku Saifuddin Tengku Ismail
Social	Dr Goh Kim Yen



Programme Summary

DATE TIME	12 TH JULY 2012 THURSDAY	13 TH JULY 2012 FRIDAY	14 TH JULY 2012 SATURDAY	
0800 – 0830	Registration Pre-Congress Workshops <ul style="list-style-type: none"> • Echocardiography • CT Angio & MRI 	Symposium 1 <i>Ischaemic Heart Disease</i>	Symposium 3 <i>Obesity</i>	
0830 – 0900				
0900 – 0930		Plenary 1	Plenary 3	
0930 – 1000				
1000 – 1030				
1030 – 1100		<i>Tea</i>		
1100 – 1130		Young Investigator's Award	Plenary 4	
1130 – 1200				
1200 – 1230		<i>Lunch Satellite Symposium</i>	<i>Lunch Satellite Symposium</i>	
1230 – 1330		<i>Lunch</i>	<i>Lunch</i>	
1330 – 1400		<i>Lunch / Friday Prayers</i>	Symposium 4 <i>Cardiometabolic Disease and Aging</i>	
1400 – 1430				
1430 – 1500		Plenary 2	Symposium 5 <i>Heart Failure</i>	
1500 – 1530				
1530 – 1600		Symposium 2 <i>Diabetes and Hypertension</i>	Debate	
1600 – 1630				
1630 – 1700		Opening Ceremony 19th Tun Ismail Oration <i>by Tan Sri Dato' Dr Lin See Yan</i>	<i>Tea</i>	<i>Tea</i>
1700 – 1730				
1730 – 1800		Welcome Reception	Academy of Medicine of Malaysia Annual General Meeting	
1800 – 1830				
1830 – 1900				
1930 – 2200		<i>Dinner for Overseas Presidents / Representatives and Invited Faculty</i>		



Daily Programme
12th July 2012 (Thursday)

0730 – 1700

Registration

0830 – 1530

Pre-Congress Workshops

- Echocardiography
- CT Angio & MRI

1600 – 1800

Opening Ceremony

19th Tun Ismail Oration

Tan Sri Dato' Dr Lin See Yan

Welcome Reception



Daily Programme 13th July 2012 (Friday)

- 0800 – 0930 **Symposium 1 – Ischaemic Heart Disease**
0800 – 0830 Enhancing Optimal Medical Therapy in Stable Ischaemic Heart Disease
Dr Azani Mohd Daud (Malaysia)
- 0830 – 0900 Treating Resistant Hypercholesterolaemia
Dato' Dr Khoo Kah Lin (Malaysia)
- 0900 – 0930 Revascularisation in Heart Failure
Professor Dr Theresa McDonagh (United Kingdom)
- 0930 – 1015 **Plenary 1** (*College of Physicians, AMM*)
Bridging the Realities and the Possibilities:
Medicine in the Tropics
Professor Dato' Dr Khalid Yusoff (Malaysia)
- 1015 – 1045 Tea / Poster Viewing
- 1045 – 1145 **Young Investigator Award Scientific Presentations**
- 1145 – 1230 *Lunch Satellite Symposium*
- 1230 – 1430 Lunch / Friday Prayers
- 1430 – 1515 **Plenary 2** (*Hong Kong Academy of Medicine*)
Diabetes – Prevent the Preventables
Professor Dr Juliana Chan (Hong Kong)
- 1515 – 1645 **Symposium 2 – Diabetes and Hypertension**
1515 – 1545 Cardiovascular and Metabolic Complications of Endocrine Diseases
Professor Dr John Wass (United Kingdom)
- 1545 – 1615 Personalising Therapy: Risk-Benefit Assessment of Anti-Diabetic Drugs
Professor Dr Nor Azmi Kamaruddin (Malaysia)
- 1615 – 1645 Sleep Apnoea and its Metabolic and Cardiovascular Complications
Dato' Dr Zainudin Md Zin (Malaysia)
- 1645 – 1715 Tea
- 1715 – 1830 **Academy of Medicine of Malaysia
Annual General Meeting**
- 1930 – 2200 Dinner for Overseas Presidents / Representatives and Invited Faculty



Daily Programme 14th July 2012 (Saturday)

0800 – 0930	Symposium 3 – Obesity
0800 – 0830	Current Concepts in Obesity <i>Professor Dr John Wass (United Kingdom)</i>
0830 – 0900	Metabolic Syndrome <i>Dr Sephen Jones (Malaysia)</i>
0900 – 0930	New Advances in Bariatric and Metabolic Surgery <i>Dr Tikfu Gee (Malaysia)</i>
0930 – 1015	Plenary 3 (<i>Academy of Medicine Singapore</i>) Early Life Influences on Childhood Obesity – Implications for Adult Metabolic Disease <i>Associate Professor Dr Loke Kah Yin (Singapore)</i>
1015 – 1045	Tea
1045 – 1130	Plenary 4 (<i>College of Surgeons, AMM</i>) Surgical Nutrition – Preoperative Optimization and Support for Gut Failure <i>Professor Dr Chin Kin Fah (Malaysia)</i>
1130 – 1215	<i>Lunch Satellite Symposium</i>
1215 – 1330	Lunch
1330 – 1430	Symposium 4 – Cardiometabolic Disease and Aging
1330 – 1400	Cardiometabolic Risk and Dementia <i>Professor Dr Kay-Tee Khaw (United Kingdom)</i>
1400 – 1430	Medical Ethics and the Older Person <i>Professor Dr Duncan Forsyth (United Kingdom)</i>



Daily Programme
14th July 2012 (Saturday)

- 1430 – 1600 **Symposium 5 – Heart Failure**
- 1430 – 1500 Heart Failure Therapy: An Update on the Role of Biomarkers
Professor Dr Theresa McDonagh (United Kingdom)
- 1500 – 1530 Heart Failure in the Elderly
Professor Dr Kay-Tee Khaw (United Kingdom)
- 1530 – 1600 The Role of Assist Devices in Heart Failure
Dr Mohamed Ezani Taib (Malaysia)
- 1600 – 1700 **Debate**
Anti-Hypertensive Drugs that Increase Glucose Levels
Should be Avoided!
Proposer : Professor Dr Abdul Rashid Abd Rahman
Opposer : Datuk Dr Azhari Rosman
- 1700 – 1730 Tea



Congress Information

Congress Secretariat

46th Malaysia-Singapore Congress of Medicine

G-1 Medical Academies of Malaysia

210 Jalan Tun Razak, 50400 Kuala Lumpur, Malaysia

Tel : (603) 4025 3700, 4025 4700, 4023 4700

Fax : (603) 4023 8100

Email : secretariat@mscm.acadmed.my

Website : <http://mscm.acadmed.my/>

Registration Fees

<i>Category</i>	<i>On or Before 15th May 2012</i>	<i>After 15th May 2012</i>
Full Delegate (<i>AMM Member</i>)	RM 450	RM 500
Full Delegate (<i>Non-AMM Member</i>)	RM 500	RM 550
*Pre-Congress Concurrent Workshops – Separate Registration Fees		
Echocardiography	RM 200	RM 250
CT Angio & MRI	RM 200	RM 250

**The registration fee for the Congress does not include the registration fee for the Pre-Congress Workshops. Participants can register for these workshops separately.*

Payment

1. Cheques are to be issued in favour of “**Malaysia-Singapore Congress of Medicine**”.

2. Payments can also be made via telegraphic transfer to:

Account Name : Malaysia-Singapore Congress of Medicine

Name of Bank : Standard Chartered Bank Malaysia Berhad

Address of Bank : Jalan Ipoh Branch, Kuala Lumpur

Account Number : 873-1-4640671-9

Swift Code : SCBLMYKXXXX

Please return the bank remittance note along with the Registration Form either by fax or email. Document image by email is also acceptable.

Online registration and payment is available at <http://mscm.acadmed.my/>

Cancellation and Refund Policy

The Secretariat must be notified in writing of all cancellations. Refund will be made after the conference:

Cancellation on or before 16th June 2012 : 50% refund

Cancellation after 16th June 2012 : No refund



Congress Information [cont'd]

Hotel Accommodation

Congress Venue

Shangri-La Hotel

11 Jalan Sultan Ismail, 50250 Kuala Lumpur, Malaysia

Tel : (603) 2026 8488

Fax : (603) 2032 1245

Email : reservation.slkl@shangri-la.com

Website : www.shangri-la.com

Room Type / Rate Daily	Room Category	Single Room Rates	Double Room Rates
Room Rates (Per room per night)	Executive Room	RM 450.00 ++	RM 490.00 ++

Entitlements

Delegates will be entitled to the following:

- Admission to the scientific sessions and trade exhibition
- Congress bag and Congress publications
- Opening Ceremony and Welcome Reception
- 19th Tun Dr Ismail Oration
- Coffee / Tea
- Lunch Satellite Symposia

Registration

Please use the Registration Form given in this announcement. Photocopies of the form may be used. Registration will only be confirmed upon receipt of full payment.

Trade Exhibition

A Trade Exhibition will be held at the Congress venue itself. Interested companies are requested to contact the Secretariat.

Certificate of Participation

A certificate of participation will be issued to all delegates.

Liability

The Organising Committee will not be liable for personal accidents, loss or damage to private properties of the delegates during the Conference. Participants should make their arrangements with respect to personal insurance.

DISCLAIMER

Whilst every attempt will be made to ensure that all aspects of the Conference as mentioned in this publication will take place as scheduled, the Organising Committee reserves the right to make changes should the need arise.



Scientific Presentations

The Scientific Committee welcomes the submission of abstracts for poster presentations.

Delegates are encouraged to submit abstracts for free papers / poster presentations online at: <http://mscm.acadmed.my/>

Please log-on to our website for full details on how to submit abstracts. The closing date for receipt of abstracts is **15th May 2012**.

Guidelines for submission of abstracts

- Abstracts are to be submitted in English only.
- The length of each abstract should not be more than 400 words.
- No limit is imposed on the number of abstracts submitted by individuals.
- Only the name of the presenting author will appear in the final congress programme.
- Abstracts must be accompanied by payment of registration fees. If the abstract is subsequently not accepted for presentation, the full registration fee will be refunded to the author.
- Scheduling details and guidelines for the final preparation of accepted posters will be included with the notification of acceptance.
- The final selection will be the responsibility of the Scientific Committee.

Instructions

1. Presentations in Poster Sessions will be grouped by topics, numbered and listed in the programme.
2. Poster must be mounted in the assigned board one hour and ahead of the sessions indicated. The poster board area is 1.0m (width) x 1.4m (length).
3. The top of your poster must have a label indicating the programme number of your abstract, its title and authors. The lettering for this section should not be less than 50mm high. Other major headings should be in lettering at least 20mm high, minor letterings should be at least 5mm high.
4. All illustrations should be prepared beforehand. Your illustrations should be readable from a distance of about 1m. Keep illustrations simple.
5. Posters must not be mounted on heavy cardboard because they may be difficult to keep in position on the poster stands.
6. Poster must be dismantled within one hour after the end of the session. The Organising Committee will not be responsible for posters which have not been dismantled during the stipulated hours.




Young Investigator Award

Rules

The Academy of Medicine of Malaysia initiated the Young Investigator Award to encourage young investigators to participate in the proceedings of the Malaysia-Singapore Congress of Medicine. This is in recognition of outstanding original work and consists of an honorarium of RM2,000 and a certificate of merit.

1. The Award is given to the person who presents the best free paper at the Malaysia-Singapore Congress of Medicine.
2. The competition is open to all doctors below the age 35 as of 1st January 2012 and working in Malaysia, Singapore and Hong Kong.
3. Only original work not previously published or presented will be considered.
4. The work must have been carried out in Malaysia / Singapore.
5. A panel of judges will be appointed by the Council of the Academy whose decision shall be final.
6. The panel shall select and shortlist five entries from all the free papers submitted to the Congress and will attend the oral presentation of these shortlisted papers before coming to a final decision which will then be forwarded to Council for approval.
7. In the event that no entry of sufficient merit is received, the panel of judges may recommend to the Council that no award be made.
8. The Council of the Academy reserves the right to request the winner of the award to make a special presentation, should the need arise and to reprint the winning entry in any publication the Council so desires.

A low-angle, night-time photograph of the Petronas Twin Towers in Kuala Lumpur, Malaysia. The towers are illuminated with blue and white lights, and their reflection is visible in the water below. The sky is dark blue. The image is framed by a light blue border with white geometric patterns.

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